

## Consultant Surgeons

**Mr Harminder S Gosal**, MBBS,  
FRCS(Ed), FRCS(Eng), FRCS(Orth)

Mr Gosal's undergraduate training was at The London Hospital Medical College. He did his postgraduate training in Leicester, Nottingham, and on the South West Thames Orthopaedic Training Programme based at St George's Hospital, London.



After passing the Intercollegiate Specialist Fellowship in Trauma and Orthopaedics FRCS(Orth), he went to Melbourne, Australia on a fellowship in Knee Surgery, working under the guidance of Mr John Bartlett. He also did a further fellowship in Joint Reconstruction and Hip Surgery with Mr Neil Bergman, also in Melbourne. He has been a Consultant in Cheltenham since 2001, and has a Specialist interest in Knee Surgery. His NHS base is Cheltenham General Hospital.

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**Mr Peter C Birch**,

MBBS, FRCS(Eng), FRCS(Tr&Orth)

Mr Birch's undergraduate training was at the University of Newcastle upon Tyne Medical School (MBBS 1989). His postgraduate training was in surgery, obtaining FRCS (Eng) and the Royal College of Surgeons of England Penrose-May Prize (1993), and his Specialist Orthopaedic Training on the Mid-Trent Orthopaedic Training Programme based at the Queens Medical Centre, Nottingham, passing FRCS (Tr&Orth) 2003.



He completed a Specialist Fellowship in Knee Surgery under Mr Ian Forster in Nottingham, and Mr Tim Wilton in Derby and two Travelling Fellowships. The first was under Henrich Malchau and Mats Brittberg in Sweden, looking at the role of Autologous Cartilage Implantation (ACI). The second was to the USA, under Kelly Vince MD (Los Angeles), Richard Berger MD (Chicago) and Donald Reilly MD (Boston). This was to expand his knowledge and skills in computer navigation, minimally invasive and revision knee replacements. He has been a Consultant in Cheltenham since 2004 and has a Specialist Interest in knee surgery.

**t:** PA on 01242 246519

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## Hospitals and Clinics

**Nuffield Hospital Cheltenham**,  
Hatherley Lane, Cheltenham, Gloucestershire, England GL51 6SY.



**The Linton House Clinic**,  
Thirlestaine Road, Cheltenham, Gloucestershire, England GL53 7AS.



## Contact Us

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**Postal Address:** Nuffield Hospital Cheltenham, Hatherley Lane,  
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# Cheltenham Knee Unit

*The Specialist Knee Clinic*

*Consultation*

*Diagnostic imaging*

*Treatment*

*Rehabilitation*

[www.cheltenhamkneeunit.co.uk](http://www.cheltenhamkneeunit.co.uk)

**t: 01242 535911**



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## About the Cheltenham Knee Unit

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The aim of the unit is to provide the highest quality service to patients suffering from conditions affecting the knee joint, particularly knee sports injuries.

The services at the Cheltenham Knee Unit are provided by Mr Harminder S Gosal and Mr Peter C Birch, Consultant Orthopaedic and Knee Surgeons, in conjunction with their Consultant Radiologist Colleagues with a Specialist interest in Musculoskeletal Scanning, Dr RE Hopkins and Professor ID Lyburn, Dr M Shaw & Dr J Green.

We aim to provide a full diagnostic and reporting service during one visit to the clinic, including Consultation with the Knee Specialist, any X-rays or state of the art MRI scanning that may be necessary.

### We run an Acute Knee Clinic Monday to Friday

#### Acute Knee Conditions Treated

- Sports Knee injuries
- Soft Tissue Knee injuries
- Meniscal (cartilage) tears
- Anterior Cruciate Ligament rupture
- Posterior Cruciate Ligament rupture
- Medial Ligament rupture
- Lateral Ligament rupture
- Multi-ligament injuries
- Patella Dislocation

#### Other Knee Conditions Treated

- Knee Arthritis
- Patella mal-alignment
- Patella tracking problems
- Osteochondritis

#### Procedures

- Arthroscopic knee surgery
- Meniscectomy (cartilage surgery)
- Meniscus repair
- Anterior Cruciate Ligament reconstruction
- Posterior Cruciate Ligament reconstruction
- Multi-ligament reconstruction
- Microfracture
- Patella stabilisation
- Patella tendon decompression
- Unicompartamental (partial) knee replacement
- Patellofemoral joint replacement
- Total Knee replacement
- Knee Revision Surgery
- Osteotomy around the knee joint
- Viscosupplementation (Synvisc etc.)

## Consultation

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Clinics are held at the Nuffield Hospital Cheltenham and at The Linton House Clinic in Cheltenham.



## Diagnostic Imaging

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X-rays, CT and MRI scans can be arranged as necessary. Other imaging is also available if required. For imaging only, contact [radiologists@cheltenhamkneeunit.co.uk](mailto:radiologists@cheltenhamkneeunit.co.uk)



## Treatment

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Prompt surgical treatment can be organised with one of our surgeons.



## Rehabilitation

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Physiotherapy can be arranged to facilitate return to activity.

