



Cobalt Memory Clinic

Cheltenham

www.cobalthhealth.co.uk
cobaltmemoryclinic@protonmail.com

Registered Charity No: 1090790



Cobalt

Medical Charity

Diagnosis • Research • Education



Memory disorders

As we get older we are more prone to lapses in memory, so called ‘senior moments’.

In the majority of cases this is due to nothing more than age related changes to the way our brains work and can be shrugged off, however if they happen particularly often, other people begin to comment on them, or they start to interfere with your life, they may be a sign of something more serious.

There are a number of easily treatable causes of poor memory and concentration. These include mood disorders, anxiety, depression and stress. Vitamin and hormone imbalances and other common medical conditions can also affect our brains. Finally it should not be forgotten that overindulgence in alcohol can have significant and lasting detrimental effects on memory.

Frequently, worrying about a memory problem makes it seem far worse than in reality it is. Every lapse seems to reinforce the fact that your faculties are failing, this is particularly apparent among people who have cared for parents with dementia.

Modern treatments

Over recent years, public awareness and understanding of dementia has rapidly evolved, as has the amount of research undertaken into the condition. This has led to sea change in our understanding and treatment of the disorder.

It is now recognised that if caught early enough, modern treatments can significantly improve the quality of life and outcome for people who develop dementia. Sensitive neuropsychological assessments and modern neuroimaging (scanning) techniques enable specialists to identify people in the very early stages of the condition and also people at higher risk of developing dementia.



Early detection

This early detection not only enables people to access medical treatment early but also to take control of their lives, allowing them time to determine how they wish to continue to enjoy fulfilling lives for years to come.

Get in touch

At The Memory Clinic - Cheltenham we offer a swift and expert assessment of all types of memory problems. If needed we can prescribe the latest treatments. If you are worried about your or a loved one's memory, ask your GP for a referral or contact us and we will advise you on how to proceed.

A quick note about COVID-19

We are able to conduct initial consultations online using Zoom, Skype or Teams or we can offer face to face appointments at Cobalt Imaging Centre in Cheltenham if we feel this is the best option for you. Cobalt is keeping patients and their staff safe by adhering to strict social distancing, Personal Protective

Equipment, cleaning and sanitising guidelines. You will be given instructions before and throughout your appointment to keep you safe.

Price

Package prices including initial consultation, a high resolution MRI scan and follow up are available from £659. If another (possibly more expensive) type of imaging is recommended for your diagnosis you will be informed in your initial consultation. Payment can be made by cash or credit card. We have agreements in place with most private medical insurers, however please do check with your insurers that you have suitable cover in place.

Contact us for more information

Julie Carroll

Tel: 07377992135

cobaltmemoryclinic@protonmail.com

Catherine Harrison

Tel: 07506884973

cobaltmemoryclinic@protonmail.com

Dr. Martin Ansell, MRCPsych

Dr. Ansell trained at Nottingham University Medical School and has worked as a consultant psychiatrist since 2003. Prior to moving to Gloucestershire in 2006, he spent time working in New Zealand. He specialises in older people’s mental health care with a particular interest in dementia, memory disorders and the assessment of mental capacity.



Dr. Tarun Kuruvilla, FRCPsych

Dr. Tarun Kuruvilla is a consultant in old age psychiatry who leads the memory assessment service for Cheltenham and the North Cotswolds. He has a special interest in memory disorders, early diagnosis and newer treatments for dementia. He is actively involved in dementia research being a National Institute of Health Research approved investigator and Clinical Director for Dementia Research. He is also an expert in mental capacity assessments.



Dr. Joe Stratford, MRCPsych

Dr Joe Stratford studied medicine at St Mary’s Hospital Medical School, London (Imperial College) and after qualifying in 1995 he undertook psychiatry training in London, Bristol, Melbourne and Cheltenham. He has been an Old Age Psychiatry Consultant here in Gloucestershire since 2005. His interests include cognitive disorders and dementia, assessments of capacity and education/training in psychiatry.

