

CT

Patient Information



www.cobalthhealth.co.uk
01242 535900

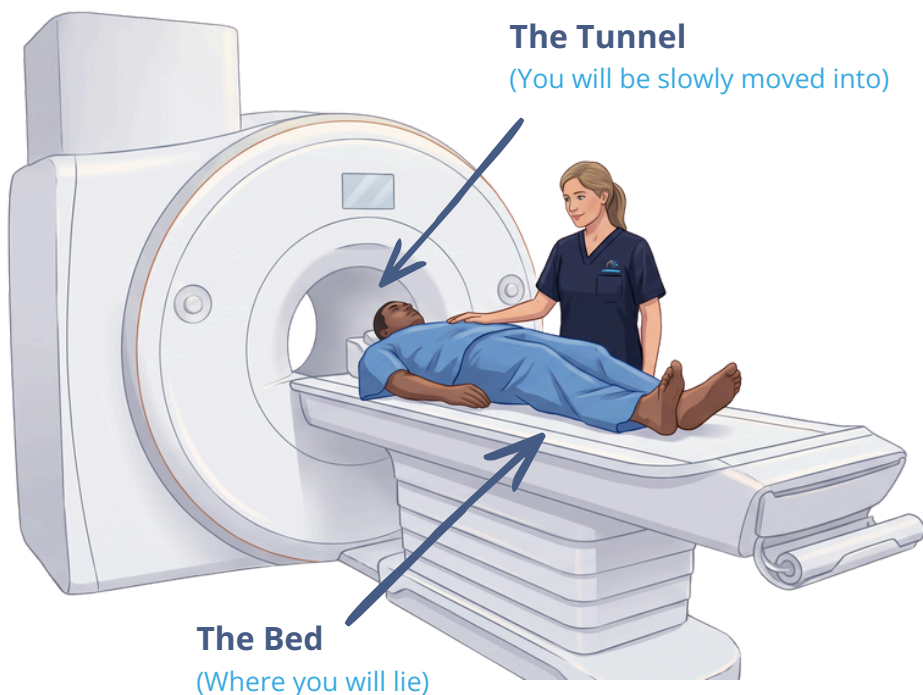
Registered Charity No: 1090790



Cobalt
Medical Charity
Diagnosis • Research • Education

What is an CT scanner?

A safe way to take pictures inside
your body



A CT scanner
uses a special
type of X-ray



It produces images
of your body in
small sections



Your images are
then sent to a
computer screen



A CT scanner does not hurt

1

What happens when you arrive?

1



You will go to reception and they will ask you some safety questions. You will then wait in the waiting room until you are called.

2



You will be asked to remove any metal from your body (there is a list on page 3), these can be stored in a locker.

3



For some CT scans you may need an injections of contrast, this will help us see certain parts of your body more clearly. If this is needed, you will be told before the scan.

4



During the scan, you might be asked to hold your breathe or not swallow for a few seconds. This will help make your images clearer.

5



The scan will finish and you can go home. You will get your results later.

Your appointment will last about 30 mins

2

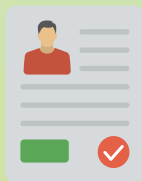
What can I take into the scanner room?



You can bring these



Wear comfy clothes with no metal zips or buttons



Your referral/ appointment letter



Any medicine you need - let staff know



A friend or family member if it helps you feel comfortable



Leave these in the locker



Mobile phone



Bank cards



Jewellery



Belt, keys, hair clips



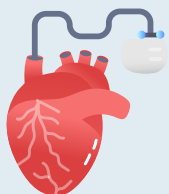
Hearing aid (tell the team)

Lockers are available for your things

3

Safety - what you must tell us

Please tell our staff if you have any of the following



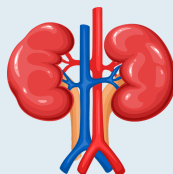
**Pacemaker
or heart
device**



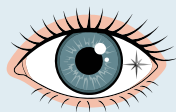
**Metal
implants
or clips**



Pregnancy



**Kidney
problems**



**Metal in
your eye**



**Hearing aids
or cochlear
devices**



If you aren't sure, just ask!

Common questions



Will it hurt?

No a CT scan doesn't hurt. You will feel nothing from the machine.



Will I feel claustrophobic?

The scanner is open at both ends so you will never be enclosed. If you are anxious speak to the radiographer.



Is it safe?

The scanner gives off a small amount of radiation, however, this can be a very small risk. Please ask our staff if you are worried.



How long will I wait for my results?

A specialist will have a look at your images. You will get your results within at least 2 weeks.



Can I eat and drink beforehand?

Usually yes, but it depends on what type of scan you are having. You will be told before your appointment.



Still have questions?

Call us before your appointment 01242 535900



Did you know Cobalt is a *charity*?

What we do

We provide diagnostic scans for patients.

We carry out research, mainly into cancer and dementia.

We support new ideas and technology that can improve patient care. We teach and train healthcare workers and help the next generation learn new skills.

How we make this possible

We rely on donations and money from our services to fund our work.



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