

MRI

Patient Information



www.cobalhealth.co.uk
01242 535900

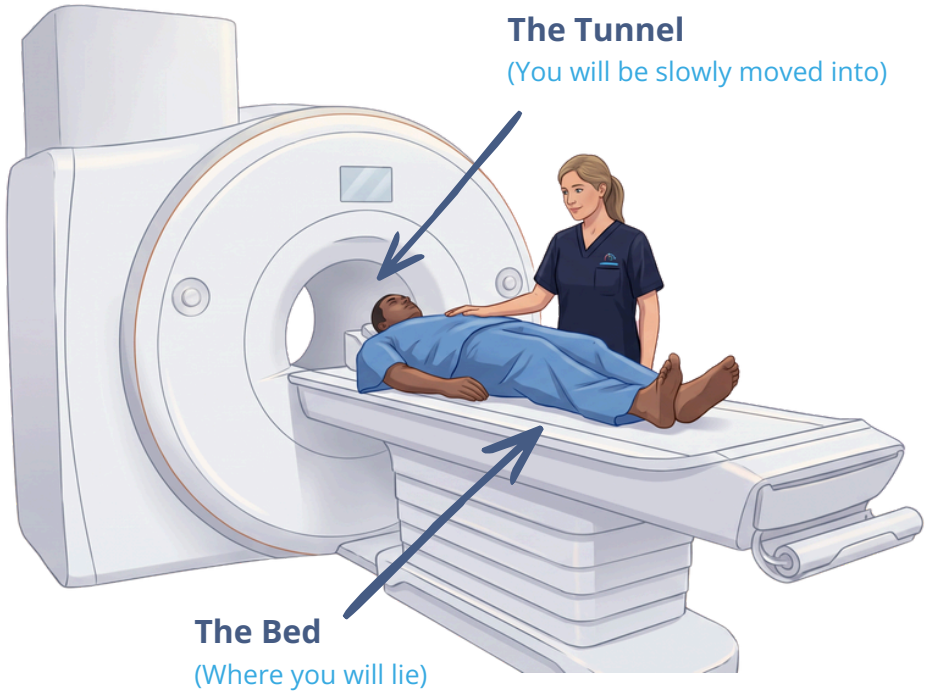
Registered Charity No: 1090790



Cobalt
Medical Charity
Diagnosis • Research • Education

What is an MRI scanner?

A safe way to take pictures inside
your body



An MRI uses
strong magnets



Radio waves are
used to get
your images



Your images are
then sent to a
computer screen



An MRI scanner does not hurt

1

What happens when you arrive?

1



You will go to reception and they will ask you some safety questions. You will then wait in the waiting room until you are called.

2



You will be asked to remove any metal from your body (there is a list on page 3), these can be stored in a locker.

3



You will be brought into the scanner room and will be asked to lie on the bed. The bed will slowly move into the tunnel.

4



The scanner will make loud noises, you will be given headphones. The radiographer can also hear you so if you need anything just ask.

5



The scan will finish and you can go home. You will get your results later.

A scan takes around 20 - 60 minutes

2

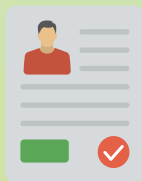
What can you take into the scanner room?



You can bring these



Wear comfy clothes with no metal zips or buttons



Your referral/ appointment letter



Any medicine you need to take at your appointment time



A friend or family member if it helps you feel comfortable



Leave these in the locker



Mobile phone



Bank cards



Jewellery



Belt, keys, hair clips



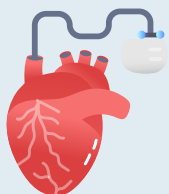
Hearing aid (tell the team)

Lockers are available for your things

3

Safety - what you must tell us

Some things can be unsafe around an MRI scanner.
Please tell a nurse if you have any of the following



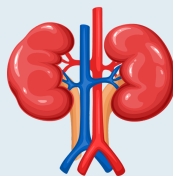
**Pacemaker
or heart
device**



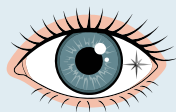
**Metal
implants
or clips**



Pregnancy



**Kidney
problems**



**Metal in
your eye**



**Hearing aids
or cochlear
devices**



If you aren't sure, just ask!

Common questions



Will it hurt?

No an MRI scan doesn't hurt. You will feel nothing from the machine.



Will I feel claustrophobic?

The scanner is open at both ends so you will never be enclosed. If you are anxious speak to the radiographer.



Is it safe?

Yes the scanner only uses magnets and radio waves. They are used on millions of people each year.



How long will I wait for my results?

A specialist will have a look at your images. You will get your results within at least 2 weeks.



Can I eat and drink beforehand?

Usually yes, but your appointment letter will tell you all the information you need.



Still have questions?

Call us before your appointment 01242 535900



Did you know Cobalt is a *charity*?

What we do

We provide diagnostic scans for patients.

We carry out research, mainly into cancer and dementia.

We support new ideas and technology that can improve patient care. We teach and train healthcare workers and help the next generation learn new skills.

How we make this possible

We rely on donations and money from our services to fund our work.



MARCH 26



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