

X-ray

Patient Information



www.cobalthhealth.co.uk
01242 535900

Registered Charity No: 1090790



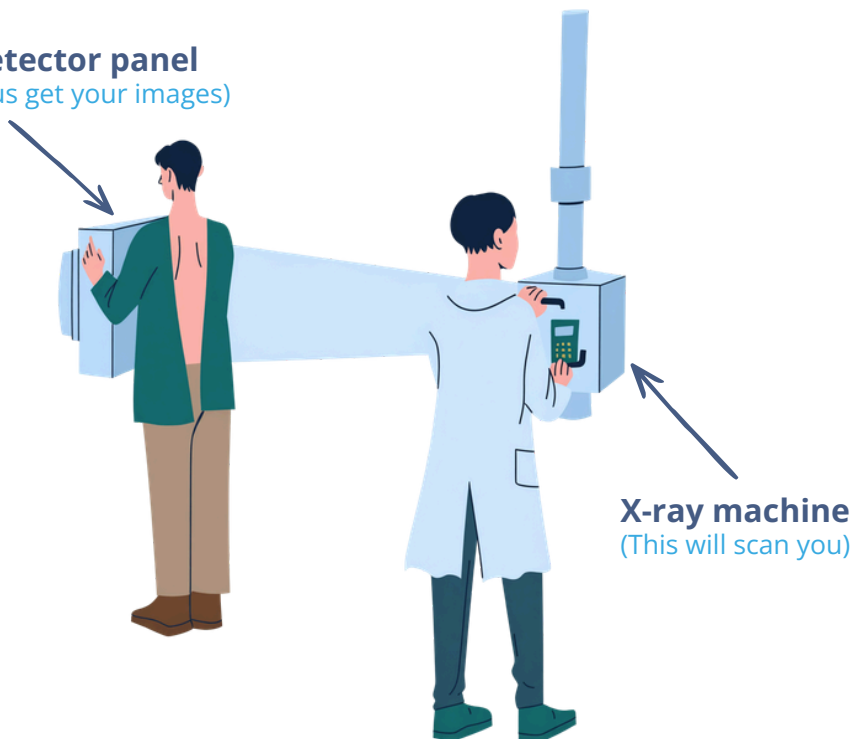
Cobalt
Medical Charity
Diagnosis • Research • Education

What is an X-ray?

A pain-free way to see inside your body

X-ray detector panel

(This lets us get your images)



X-ray machine

(This will scan you)



The X-ray Tube
makes x-rays



The x-rays travel
through your body



The x-rays hit the
detector panel,
this creates your
images



An X-ray does not hurt

1

What happens when you arrive?

1



You will go to reception and they will ask you some safety questions.
You will then wait in the waiting room until you are called.

2



A radiographer will place you in front of the x-ray detector panel.

3



Hold as still as possible whilst the X-ray is happening.

4



The radiographer may have to move you to get some different images.

5



Your images will then be sent to your referrer.



Your results can take up to 2 weeks

2

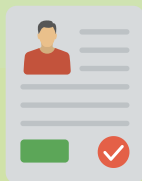
What can I take into the scanner room?



You can bring these



Wear comfy clothes with no metal zips or buttons



Your referral/ appointment letter



Any medicine you need - let staff know



A friend or family member if it helps you feel comfortable



Leave these in the locker



Mobile phone



Bank cards



Jewellery



Belt, keys, hair clips



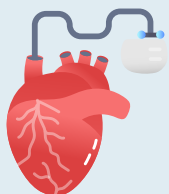
Hearing aid (tell the team)

Lockers are available for your things

3

Safety - what you must tell us

Please tell our staff if you have any of the following



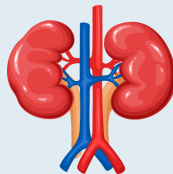
**Pacemaker
or heart
device**



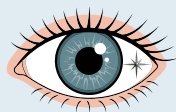
**Metal
implants
or clips**



Pregnancy



**Kidney
problems**



**Metal in
your eye**



**Hearing aids
or cochlear
devices**



If you aren't sure, just ask!

Common questions



Will it hurt?

No an X-ray doesn't hurt. You will feel nothing from the machine.



Will I feel claustrophobic?

You won't be in a small space at any point of the X-ray. You will be in an open room.



Is it safe?

The X-ray gives off a small amount of radiation, however, this can be a very small risk. Please ask our staff if you are worried.



How long will I wait for my results?

A specialist will have a look at your images. You will get your results within at least 2 weeks.



Can I eat and drink beforehand?

You can eat and drink like normal before your scan.



Still have questions?

Call us before your appointment 01242 535900



Did you know Cobalt is a *charity*?

What we do

We provide diagnostic scans for patients.

We carry out research, mainly into cancer and dementia.

We support new ideas and technology that can improve patient care. We teach and train healthcare workers and help the next generation learn new skills.

How we make this possible

We rely on donations and money from our services to fund our work.



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